



Cancer victim
horses around

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■ DETERMINED:
Amanda Westlake. Below; Amanda with with sister Lavinia and niece Caroline, wo.

Battling Amanda is saddled up for race

The Citizen

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Charity race needs your sponsorship

IT is easy to get charity race fatigue with so many events taking place each year. We can't sponsor them all but at the same time behind every entry is a story about why someone felt motivated to sign up. The Race for Life, which has become an institution over the years, is one such event where people run, walk or jog inspired by their own battle or someone else's fight against cancer. Dressed in a horse costume, breast cancer survivor Amanda Westlake will take part in Gloucester. She sees this as her chance to tell people cancer doesn't have to knock your life for six. Sadly, for some, this disease does not always have a happy ending and it is for that reason that this is one event to sign up for or sponsor someone taking part as we all know someone affected.

Volunteers important

FOR Amanda Westlake, returning to normality after cancer treatment was one of the hardest steps in her recovery. Now the 38-year-old from Brockworth is preparing to take part in Cancer Research UK's Race for Life in Gloucester - dressed as a horse. Amanda was diagnosed with breast cancer in July last year after she discovered a painful lump when rolling over in bed. When she finished months of gruelling treatment for, she thought she had been through the worst. But walking out of the hospital after her final session of radiotherapy turned out to be the start of another scary experience. She said: "My life was no longer ruled by appointments and I had to get used to getting back to normal. "But I now know that someone who has had cancer has to think about getting back to a 'new' normal." She added: "I will be walking the 5k and I expect taking part as a survivor will be very emotional. "I want people to know cancer



Race for Life

does not have to knock your life for six." It is hoped 1,500 women will take part in the event on Sunday June 23 and help to raise £80,000. To enter Race for Life visit www.raceforlife.org or call 0845 600 6050.